

January 2011

Theme: Goals in Taekwondo

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3	4 5 6 WIN A NINTENDO DSi BRING A FRIEND TO BASIC CLASS!				7 8 1 New Year's Day (Closed) 8:30 am Fit Test
GOALS	9	10	11	12	13	14 15 Black Belt Nationals—Dallas, TX 8:30 am Fit Test
		8:30 pm Staff Meeting	8:30 –8:50 pm Staff Training— Combat BME		ILP-JTI Thurs. Nights 6:30 pm COMBAT Bahng Mahng Ee	Women's Self-Defense @ PBBA 7:00 –8:30
	16	17	18	19	20	21 22 6:30-7:30 pm Shinai Sparring @ ATA Gilbert Regional Tournament (Regular Classes)
	23	24	25	26	27	28 29 7:30–9:00 pm Dual Sparring at ATA Gilbert 1:30—3:30 pm 3rd° LRJB Training Seminar
	30	31	February TRAINING WEAPONS: Dec. 11, 2010— Feb. 12, 2011: BBC: Single Ssahng Jeol Bong; MC: Ssahng Nat BB: By Rank Leadership: Combat BME			

February 2011

Theme: Courtesy

Sun	Mon	Tues	Wed	Thu	Fri	Sat
WIN A → NINTENDO DSi		1 2 BRING A FRIEND TO FUN-DAY! 4:30 p.m. Fit Test		3	4 5 BB Testing Registration Deadline 1:00-2:00 Friends' FUN-DAY Event	
Courtesy	6	7	8	9	10	11 12 Belt Testings @ PBBA Nintendo Drawing!
		8:30 pm Staff Meeting	6:30 pm Early Promotions	Belt Testings @ ATA GILBERT		
	13	14	15	16	17	18 19 (Regular Classes) Pro-Tech Seminar @ Lee's—Tempe Single/Double Ssahng Jeol Bong
			8:30 –8:50 pm Staff Training— Combat BME		7:30 pm SOAP & CANDLE CEREMONY (6:30 & 7:30 pm Classes Cancelled)	
	20	21	22	23	24	25 26 8:30 am Fit Test
Pro-Tech Seminar @ Lee's—Tempe Single/Double Ssahng Jeol Bong		4:30 p.m. Fit Test				
27	28	1	2	3	4	5 SPRING NATIONALS —LAS VEGAS, NV MAR. 2–5
		8:30—8:50 pm Staff Training— Combat BME MARCH				

UPCOMING EVENTS

BRING A FRIEND TO BASIC CLASS!

January

Mon. Jan. 3, 2011 Regular Classes resume.

Sat. Jan. 8, 2011, 2:00—4:00 Regional Chevron Clinic at Lee's Black Belt Academy, Laveen, AZ

Thurs. Jan. 13—Sat. Jan. 15 Black Belt Nationals, Dallas, TX

Fri., Jan. 14, 2011 7:00—9:00 Women's Self-Defense Seminar at PBBA

Fri., Jan. 21, 2011 Shinai Sparring at ATA Gilbert 6:30 pm.

Sat., Jan. 22, 2010 Regional Tournament at ASU PE Gym West. (Regular Classes at both schools)

Fri., Jan. 28, 2011 Single Ssahng Jeol Bong clinic at ATA Gilbert 6:30—7:30 pm Just \$20! At ATA Gilbert

Fri., Jan. 28, 2011 DUAL SCHOOL SPARRING! At ATA Gilbert!

Sat., Jan. 29, 2011 —1:00 pm 1:30—3:30 Master Arlyn Benson, Long Jahng Bong Training. Open to 3rd Degrees & above.



☆ Range



February

Sat. Feb. 5, 2011 FEBRUARY FRIENDS' FUN-DAY
1:00—2:00 PM AT PBBA! BRING A FRIEND!

Tues., Feb. 8, 2011, 6:30 pm - Early Testing @ Power Black Belt Academy

Wed. & Thurs. Feb. 9 & 10, 2011—Belt Promotions & Awards at ATA Gilbert

Fri., Feb. 11 & Sat. Feb. 12, 2011—

Belt Promotions at Power Black Belt Academy (See Registration Slips for Times & Details)

Feb., 12, 2011 Nintendo DSi—Give-Away! At the Awards Ceremony!

Saturday, Feb. 19 & Sun. Feb. 20, 2011 Pro-Tech Single/Double Ssahng Jeol bong Seminar at Master Mitchell Landgren-Lee's Tempe ATA Academy (with Sr. Master Kathy Lee).

Wed. March 2 — Sat., March 5, 2011—Spring Nationals in Las Vegas, NV (Be sure to register early)



NOTICE: Events are subject to improvement & change. Please get the most up to date Newsletter & list of Upcoming Events. For more specific information or details on testings, etc., check at the office.