




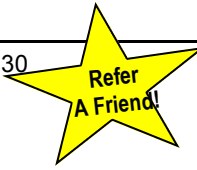
December 2010

Theme: Integrity

Sun	Mon	Tues	Wed	Thu	Fri	Sat	
<p>FREE SWORD (Gum Do or O Sung Do) or Free Sam Dan Bong (Tri-Sectional Staff) DON'T MISS OUT! Special Leadership Offer Ends—Dec. 23, 2010</p>				1	2	3	
				<p>BB Testing Registration Deadline PBBA 6:30 Board Breaking @ ATA Gilbert</p>		4	
<p>Integrity</p>	5	6	7	8	9	10	
	8:30 pm Staff Meeting	6:30 pm Early Promotions	<p>Belt Testings @ ATA GILBERT</p>		<p>Belt Testings @ PBBA</p>		
	12	13	14	15	16	17	
	<p>BRING FRIENDS TO BASIC CLASSES!</p>				<p>Nintendo DSi Give-Away! Feb. 12, 2011</p>		18
					<p>7:30—9:00 pm Dual Sparring at PBBA</p>		8:30 Fit Test
19	20	21	22	23	24	25	
8:30—9:00 Staff Training—Combat BME	<p>Regular Classes Mon.—Wed.</p>			<p>Christmas Party!! (No Regular Classes)</p>			
<p>BRING A FRIEND!</p>						<p>Closed for Christmas Holidays</p>	
26	27	28	29	30	31	JANUARY 1 2011	
	8:30—9:00 pm Staff Training—Combat BME	<p>Regular Classes Mon.—Thurs.</p>		<p>New Year's Eve (Closed)</p>		<p>JANUARY 1 2011 New Year's Day (Closed)</p>	

January 2011

Theme: Goals in Taekwondo

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>GOALS</p>	2	3	4	5	6	7	
					<p>COMBAT Bahng Mahng Ee</p>		8
					<p>ILP-JTI Thurs. Nights 6:30 pm</p>		8:30 am Fit Test
	9	10	11	12	13	14	15
	<p>BRING FRIENDS TO BASIC CLASSES!</p>				<p>Black Belt Nationals—Dallas, TX</p>		8:30 am Fit Test
16	17	18	19	20	21	22	
<p>TRAINING WEAPONS: Dec. 11, 2010— Feb. 12, 2011: BBC: Single Bahng Mahng Ee; MC: Ssahng Nat BB: By Rank Leadership: Combat BME</p>				<p>Women's Self-Defense @ RBBA 7:00</p>		<p>Regional Tournament (Regular Classes)</p>	
23	24	25	26	27	28	29	
		<p>5:00 p.m. Fit Test</p>					
30	31	1 February	2	3	4	5	
	<p>Refer A Friend! Win A Nintendo DSi! Drawing - Feb. 12th</p>					8:30 pm Fit Test	

UPCOMING EVENTS

December



Fri., Dec. 3, 2010 Board Breaking Seminar at ATA Gilbert Black Belt Academy

Tues., Dec. 7, 2010, 6:30 pm - Early Testing @ Power Black Belt Academy

Wed. & Thurs. Dec. 8 & 9, 2010—Belt Promotions at ATA Gilbert

Fri., Dec. 10 & Sat. Dec. 11, 2010—
Belt Promotions at Power Black Belt Academy
(See Registration Slips for Times & Details)



Thurs., Dec. 16, 2010 Combat Bahng Mahng Ee Training begins for the next 8 weeks! Leadership students bring your sparring gear!



Friday, Dec. 24—Saturday, Dec. 25, 2010 — Closed For Christmas Holidays.

Friday, December 31— Saturday, January 1, 2011
Closed for New Year's Holidays.

January



Mon. Jan. 3, 2011 Regular Classes resume.

Thurs. Jan. 13—Sat. Jan. 15 Black Belt Nationals, Dallas, TX

Fri., Jan. 14, 2011 7:00—8:30 Women's Self-Defense Seminar at PBBA

Sat., Jan. 22, 2010 Regional Tournament at ASU (Tempe Campus, West Gym). Regular Classes at both schools.



**BRING A FRIEND
TO BASIC CLASS!**

Feb. 9 & 10, 2011 Belt Promotions at ATA Gilbert



Feb. 11 & 12, 2011 - Belt Promotions at Power Black Belt Academy



Feb., 12, 2011 Nintendo DSi—Give-Away at Power Black Belt Academy Awards Ceremony!

NOTICE: Events are subject to improvement & change. Please get the most up to date Newsletter & list of Upcoming Events. For more specific information or details on testings, etc., check at the office.